

# FAMILY EDUCATION SERIES

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# KINARK

CHILDREN AND YOUTH

## **NEWCOMERS TO CANADA: Mental Health Information Session for Caregivers of Children with Disabilities**

**Thursday, Nov. 28, 2024 - 6:30 to 8 p.m. - Virtual**

Parents, caregivers and other family members play an integral role in caring for children and youth experiencing mental health challenges.

**Receive resources and have your questions answered live from our presenting clinician.**

What you can expect in this session:

- Research-based information regarding mental health challenges that newcomers to Canada commonly face.
- Information about parenting a child with a disability (i.e. autism) in combination with newcomer experiences.
- Discussion on the challenges of assimilating to a new environment (i.e. Culture Shock).



**[Register for FREE at bit.ly/Kinarkedu](https://bit.ly/Kinarkedu)**

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