

Group Aim, Content, and Participants

Social Skills & Self-Regulation Group Therapy is aimed at children in who could benefit from support with their social skills and self-regulation. Participants will learn core concepts from the well-established *Social Thinking*[®] and *Zones of Regulation*[®] programs. Activities will be focused on helping participants conceptualize group content, identify personal challenges with social skills and self-regulation, and learn strategies to help overcome these difficulties.

Half of this program will focus on *Social Thinking*[®] content (facilitated by a Speech-Language Pathologist) and the other half will focus on the *Zones of Regulation*[®] content (facilitated by an Occupational Therapist). Sessions will take place in-person at the clinic.

A complimentary pre-group screening is offered to determine group appropriateness.

Group Information

Duration

2 hours per day

Length

5 days

Cost

\$586*

Dates and Time

Session 1: Monday, July 8 to Friday, July 12, 2024; 10:00a.m. – 12:00p.m. (Entering Grades 1 & 2)**

Session 2: Monday, July 15 to Friday, July 19, 2024; 10:00a.m. – 12:00p.m. (Entering Grades 3 & 4)**

Session 2: Monday, July 22 to Friday, July 26, 2024; 10:00a.m. – 12:00p.m. (Entering Grades 5 & 6)**

*Check with your insurance provider for coverage.

**Please note: There is also an option for a combined program with the Handwriting Group that runs in the afternoon (Monday to Friday from 12:30p.m. – 2:30p.m.). See additional flyer for more details.

For more information, please contact groups@boomeranghealth.com, Manager of Programs.

Boomerang Health powered by SickKids

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